



INFORMED-CONSENT FACELIFT SURGERY (RHYTIDECTOMY)

INSTRUCTIONS – This is an informed-consent document that has been prepared to help your plastic surgeon inform you about facelift surgery, its risks, and alternative treatments.

It is important that you read this information carefully and completely. Please initial each page, indicating that you have read the page and sign the consent for surgery as proposed by your plastic surgeon.

GENERAL INFORMATION – Facelift, or rhytidectomy, is a surgical procedure to improve visible signs of ageing on the face and neck. As individuals age, skin and muscles of the face region begin to lose tone. The facelift cannot stop the process of aging. It can improve the most visible signs of aging by tightening deeper structures, re-draping the skin of the face and neck and removing selected areas of fat. A facelift can be performed alone or in conjunction with other procedures, such as a brow lift, liposuction, eyelid surgery or nasal surgery.

Facelift surgery is individualized for each patient. The best candidates for facelift surgery have a face and neck line that has begun to sag, but whose skin has elasticity and whose bony structure is well defined.

ALTERNATIVE TREATMENT – Facelift surgery is an elective surgical operation. Alternative treatment would consist of not undergoing the surgical procedure. Improvement of the skin laxity, skin wrinkles and fatty deposits may be attempted by other treatments including chemical peels, facial filler, laser treatments or other forms of less invasive treatments. Risks and potential complications are associated with alternative forms of treatment.

RISKS OF FACELIFT SURGERY- Every surgical procedure involves a certain amount of risk. It is important that you understand the risks involved with facelift surgery. An individual's choice to undergo a surgical procedure is based on the comparison of the risk to potential benefit. Although a majority of patients do not experience the following complications, you should discuss each of them with your plastic surgeon to make sure you understand the risks, potential complications, and consequences of a facelift (rhytidectomy) procedure.

BLEEDING- It is possible, although unusual, to experience a bleeding episode during or after your surgery. Should post-operative bleeding occur, it may require emergency treatment to drain accumulated blood or blood transfusion. Do NOT take any Aspirin or anti-inflammatory medications for ten days prior to your surgery, as this may increase the risk of bleeding. Accumulations of blood under the skin may delay healing and cause scarring.